

SUDBURY, Ontario, July 18, 2017 (GLOBE NEWSWIRE) -- [Northern Superior Resources Inc.](#) ("Northern Superior" or the "Company") (TSXV:SUP) is pleased to announce the appointment of Mr. Dan Meldrum as its Vice President Exploration.

Mr. Meldrum is a registered Professional Geoscientist with more than 25 years of mineral exploration experience in a wide range of geological environments, including structurally complex Archean terranes. He holds a B.Sc. (Geology) and a M.Sc. (Earth and Atmospheric Sciences) from the University of Alberta, and is experienced with Copper/Gold/Molybdenum Porphyry, Epithermal Gold, and Mesothermal gold deposits. He has worked in Canada, USA, Mexico, China, Russia, Laos, Mongolia and Vietnam, and been involved in First Nations consultations and Social Licence programs in Canada, Mongolia, Vietnam and Russia.

Dr. T.F. Morris, President and CEO of Northern Superior commented: *"We are very pleased to have such an experienced and qualified individual as Dan joining Northern Superior. Dan's appointment complements the Company's management team, and his skills will be particularly helpful as Northern Superior ramps up exploration programs on its two key exploration programs, Croteau Est and Ti-pihaa-kaa-ning."*

Northern Superior also announces that further to its press release dated April 24, 2017, it has issued an aggregate of 590,660 common shares to Directors at a deemed price of \$0.05 per share.

About Northern Superior Resources Inc.

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario and Québec, and trades on the TSX Venture Exchange under the symbol SUP. The Company is currently focused on exploring its 100% owned Croteau Est (Québec) and Ti-pahaa-kaa-ning (Northwestern Ontario) properties. Northern Superior is currently looking to option out its other 100% owned mineral properties in Québec and Northwestern Ontario.

Cautionary Note Regarding Forward-Looking Statements

This Press Release contains forward-looking statements that involve risks and uncertainties, which may cause actual results to differ materially from the statements made. When used in this document, the words "may", "would", "could", "will", "intend", "plan", "anticipate", "believe", "estimate", "expect" and similar expressions are intended to identify forward-looking statements. Such statements reflect our current views with respect to future events and are subject to such risks and uncertainties. Many factors could cause our actual results to differ materially from the statements made, including those factors discussed in filings made by us with the Canadian securities regulatory authorities. Should one or more of these risks and uncertainties, such actual results of current exploration programs, the general risks associated with the mining industry, the price of gold and other metals, currency and interest rate fluctuations, increased competition and general economic and market factors, occur or should assumptions underlying the forward looking statements prove incorrect, actual results may vary materially from those described herein as intended, planned, anticipated, or expected. We do not intend and do not assume any obligation to update these forward-looking statements, except as required by law. Shareholders are cautioned not to put undue reliance on such forward-looking statements.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For further information please visit the Company's website at www.nsuperior.com or contact:

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