

BAIE VERTE, NL--(Marketwired - Aug 18, 2016) - Rambler Metals & Mining PLC (TSX VENTURE: RAB) (LSE: RMM)

18 August 2016 TSX-V: RAB; LSE: RMM

Rambler Implements NEW Stock Option Plan

London, United Kingdom & Newfoundland and Labrador, Canada - Rambler Metals and Mining PLC (TSXV: RAB; AIM: RMM) ('Rambler' or 'The Company') today announced the implementation of a new 10 per cent fixed compensation incentive stock option plan (the 'New Plan') under which Rambler may grant up to 37,894,969 options to acquire ordinary shares in the capital of the Company.

Pursuant to the Company's amended stock option plan dated 6 August 2010 (the 'Old Plan'), stock options to acquire up to 3,534,000 ordinary shares in the capital of the Company remain outstanding. Under the New Plan and Old Plan together, 41,428,969 stock options to acquire ordinary shares in the capital of the Company may be granted.

Click on, or paste the following link into your web browser, to view the associated PDF document.

http://www.rns-pdf.londonstockexchange.com/rns/5592H_1-2016-8-18.pdf

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