

OKLAHOMA CITY, June 30, 2016 /PRNewswire/ -- [Continental Resources Inc.](#) (NYSE: CLR) ("Continental" or the "Company") plans to announce second quarter 2016 results on Wednesday, August 3, 2016 following the close of trading on the New York Stock Exchange. The Company plans to host a conference call to discuss second quarter 2016 results on Thursday, August 4, 2016 at 12:00 p.m. ET (11:00 a.m. CT). Those wishing to listen to the conference call may do so via the Company's website at www.CLR.com or by phone:

Logo - <http://photos.prnewswire.com/prnh/20120327/DA76602LOGO>

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| Time and date: | 12 p.m. ET, Thursday, August 4, 2016 |
| Dial-in: | 844-309-6572 |
| Intl. dial-in: | 484-747-6921 |
| Conference ID: | 28733877 |

A replay of the call will be available for 14 days on the Company's website or by dialing:

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|----------------|------------------------------|
| Replay number: | 855-859-2056 or 404-537-3406 |
| Intl. replay: | 800-585-8367 |
| Conference ID: | 28733877 |

Continental plans to publish a second quarter 2016 summary presentation to its website at www.CLR.com prior to the start of its conference call on August 4, 2016.

About Continental Resources

Continental Resources (NYSE: CLR) is a top 10 independent oil producer in the U.S. Lower 48 and a leader in America's energy renaissance. Based in Oklahoma City, Continental is the largest leaseholder and one of the largest producers in the nation's premier oil field, the Bakken play of North Dakota and Montana. The Company also has leading positions in Oklahoma, including its SCOOP Woodford and SCOOP Springer discoveries and the STACK and Northwest Cana plays. With a focus on the exploration and production of oil, Continental has unlocked the technology and resources vital to American energy independence and our nation's leadership in the new world oil market. In 2016, the Company will celebrate 49 years of operations. For more information, please visit www.CLR.com.

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